

The Treatment Access and Recovery Support Action Team of the CCOA will identify barriers and solutions/strategies to create seamless, efficient and **immediate** (rapid, prompt, timely, urgent, treatment upon request, same day) access to appropriate treatment and recovery supports, as well as developing specific recommendations for policy reform and systems change.

Topics	Notes	Action Steps
Opening	<ul style="list-style-type: none"> • Story • Designate a Time Keeper- Amanda Hudak • Designate a Minute Taker- Tom Dalton • Sign-in Sheet-add telephone # please 	<ul style="list-style-type: none"> • We started the meeting with the reading of the obituary of a person who lost their life to addiction, and reflected on our statement of purpose • Thanks to Tom and Amanda for their help during the meeting.
CCOA Updates	<ul style="list-style-type: none"> • CCOA Stg Committee Meeting • Other CCOA Action Teams • CCOA Vision and Mission • Survey • Triage group • Navigator Update 	<ul style="list-style-type: none"> • Stg Committee met on 12/8 and approved a community engagement project that Cathy will led alongside Action Team work. • The CCOA Vision and Mission are attached separately and were handed out. • Results of the survey were shared with all teams. • Catherine reported that the Howard Center is looking to potentially hire a Navigator to help people, while they are on the waitlist to navigate support services.
Quick Win Strategies	<ul style="list-style-type: none"> • Waitlist call in requirement Pending meeting with ADAP • 211 Update- Jim and Cathy 	<ul style="list-style-type: none"> • Cathy provided an update on our 211 project <ul style="list-style-type: none"> ○ She explained that phone calls to 211 are likely to yield better results than access 211 via their website. ○ She urged everyone to review and update info about our organizations with 211 (can do this online directly or email information to cathy@unitedwaysv.org) ○ Action Step: Deborah and Erin will look at the info 211 has and identify opportunities for improvement • We discussed that out of state treatment resources may be underutilized, and Lauryn agreed to provide information she has about out of state treatment options to 211

<p>Quick Win Strategies</p>	<ul style="list-style-type: none"> • Family support groups & counseling 7 questions: <ol style="list-style-type: none"> 1. What do we want? 2. What will it look like? 3. How could we measure it? 4. How are we doing right now? 5. Who has a role to play? 6. What works/What will it take to do it better? 7. What will we do now? <p>Action steps</p> 	<ul style="list-style-type: none"> • We discussed actionable steps relating to family support and counseling <ul style="list-style-type: none"> ▪ Cathy asked 211 for the resource information they have on this topic, and noted that this is an area where 211 might benefit from more targeted information ▪ We discussed support for affected family members and support for active service seekers, including parents with an open DCF case who are waiting for MAT ▪ We voted to focus first on active service seekers <p><u>Action Steps</u></p> <ul style="list-style-type: none"> • <i>Assess current resources/practices</i> • <i>Get feedback from target population/develop questions (Deborah, Alice and Erin)</i> • <i>Collect information from recent community surveys/assess existing data (Cathy and Erin)</i> <p><u>Vision</u></p> <ul style="list-style-type: none"> • Low barrier • Free • Prevent slipping through the cracks/disappearing • Drop in • Assessment • Active, assertive outreach • Multiple referral sources and points of access <p><u>What do we want?</u></p> <ul style="list-style-type: none"> • Support for active users • Focused support • Population: individuals waiting for MAT • Increased engagement • Reduce risk factors in other areas (harm reduction) • Get hooked in/connection • Motivate for recovery • Waiting for any service at any agency • Assessment of needs
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		<p><u>What are we doing right now?</u></p> <ul style="list-style-type: none"> • SAMHSA • ADAP • Services available: outreach and education • Individual counseling • Outreach workers • Recovery coaches • Safe Recovery/MAT Integration Project • Drop in • Some modalities – not enough, little cohesion • Turning Point <p><u>Who has a role to play?</u></p> <ul style="list-style-type: none"> • Users • Treatment Providers • PCP's • Human Service Providers • 211 • Howard Outreach Workers • ADAP
<p>Wrap-up, Key Action Steps</p>	<ul style="list-style-type: none"> • Next meeting dates: Jan 20, 2017 • Each person share one key take-away 	

Workers

* MAT Access

* Families affected *

* Active Users / service seekers

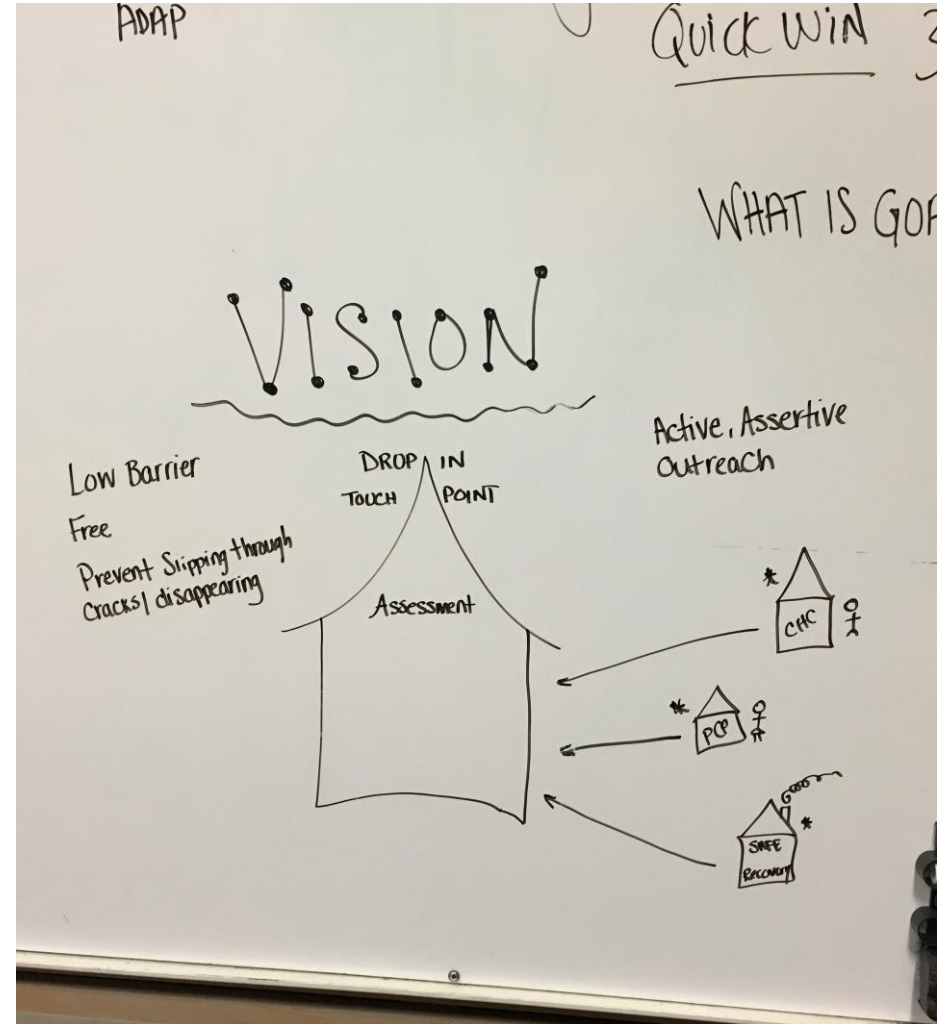
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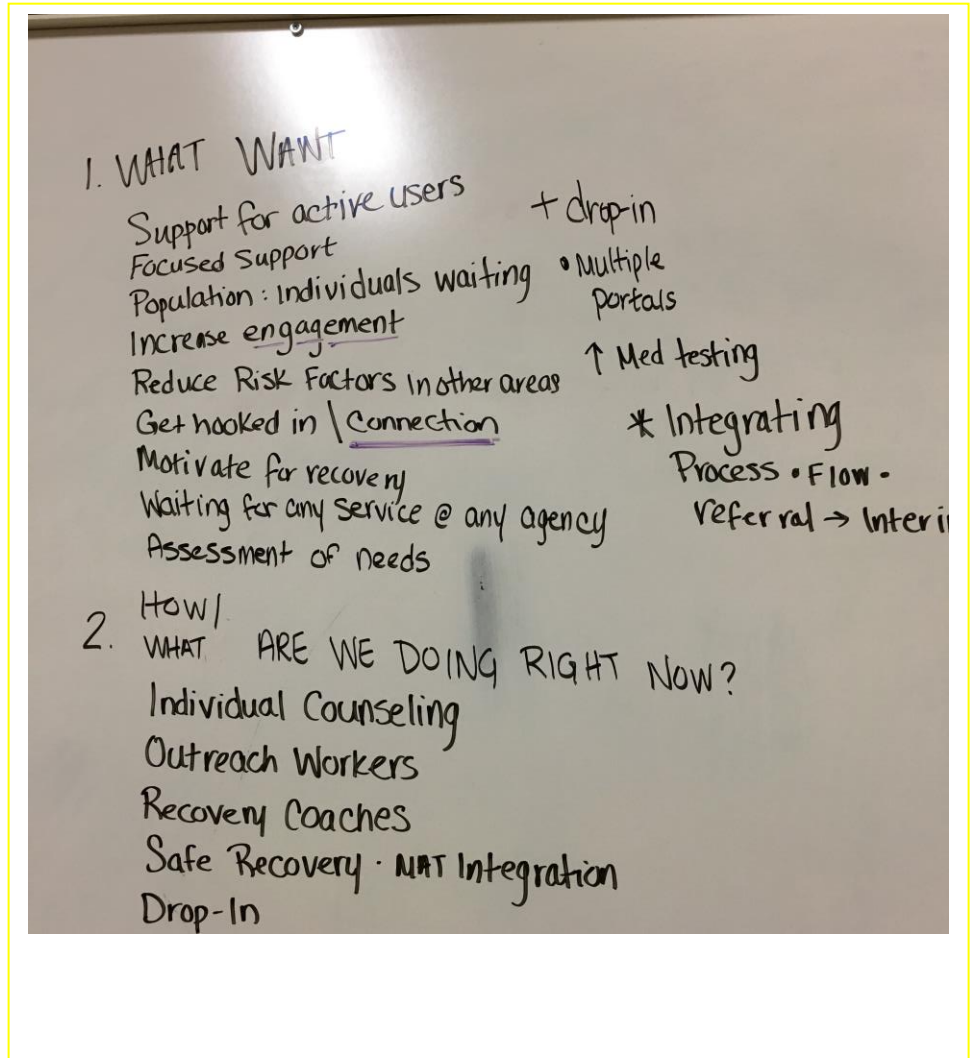
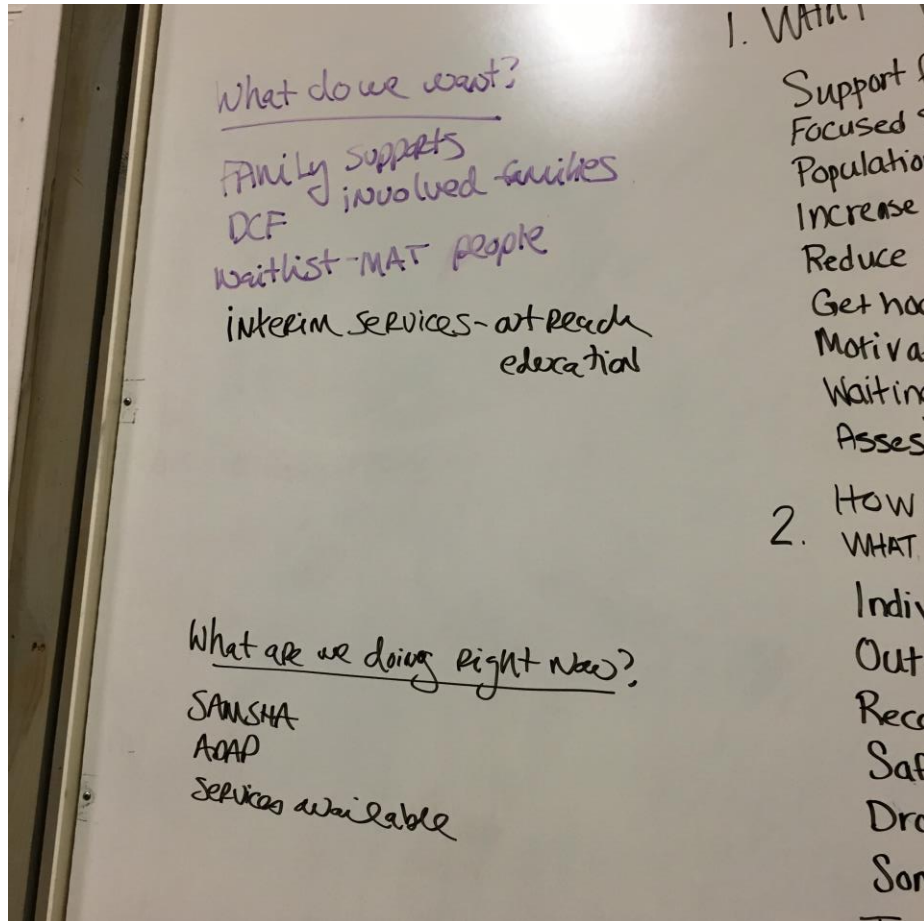
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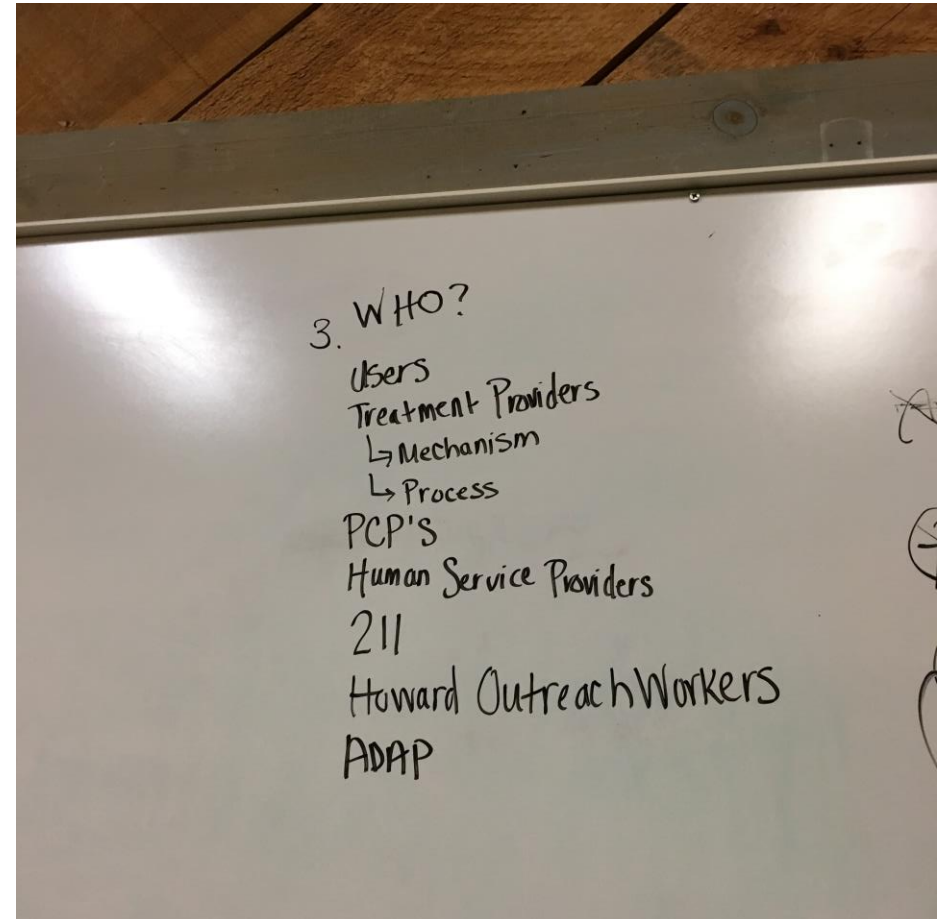
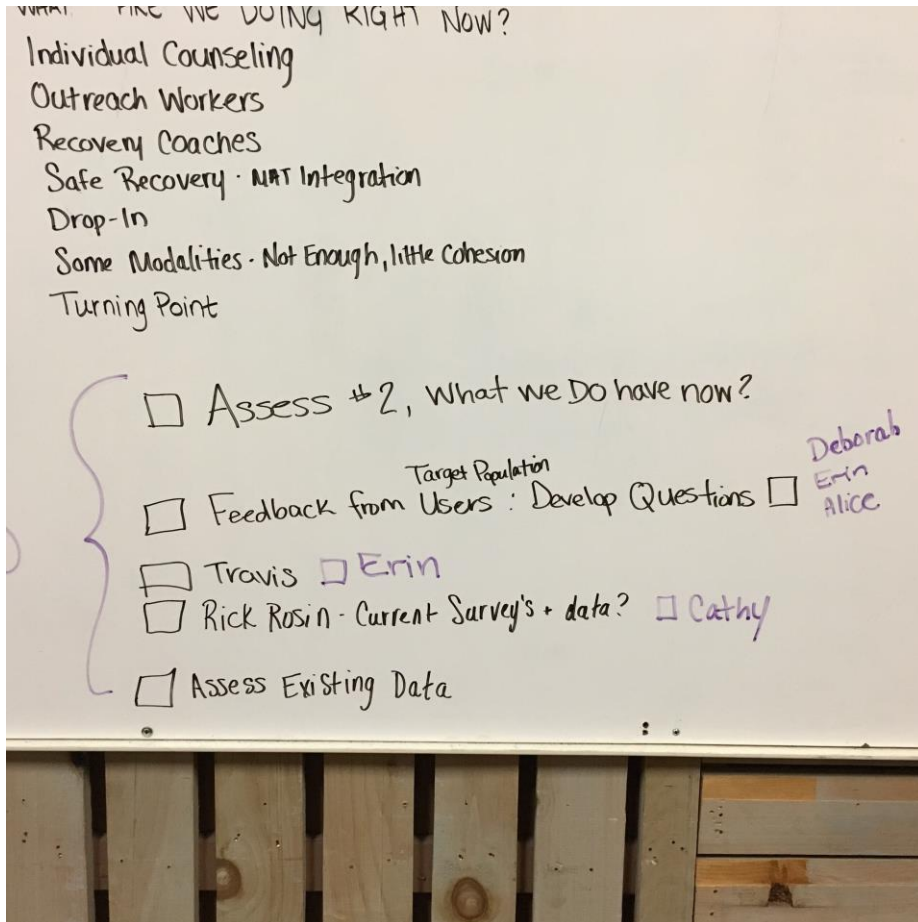
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ROP IN POINT

Active, Assertive Outreach







Attended	First Name	Last Name	Organization	Title
Yes	Amy Boyd	Austin	Catamount Recovery Program/UVM/Living Well	Director
Absent	Bonnie	Beck	Burlington Police Department	Community Affairs Officer
Absent	Jackie	Corbally	City of Burlington	Policy Director
Yes	Lauryn	Crutchfield	BRC	Treatment Placement Specialist, Northeast Region
Yes	Tom	Dalton	Safe Recovery/Howard Center	Program Coordinator
Yes	Andrew	Gonyea	VT Foundation of Recovery	Director of Operations
Yes	Beth	Holden	Howard Center	Associate Director, Child, Youth and Family programming
Yes	Amanda	Hudak	UVMMC/ATP	Lead Clinician
Yes	Catey	Iacuzzi	Maple Leaf Treatment Center	Executive Director
Yes	Bill (co-chair)	Keithcart	UVM MC, Day One Program	Clinical Supervisor
Absent	Jessica	Kirby	Champlain College	Student
Yes	Alice	Larned	Lund	
Yes	Kim	Morrill	Turning Point	Operations Director
Absent	Jeffrey	Nowlan	Spectrum Youth and Family Services	MA, LADC, LCMHC
Yes	Erin	O'Keefe	ADAP	Opioid Treatment Hub Program Manager
Yes	Naya	Pyskacek	Community Health Centers, Burlington	Director of Integrated Behavioral Health
Yes	Catherine (co-chair)	Simonson	Howard Center	Chief Client Services Officer
Yes	Deborah	Wachtel	UVM Appletree Bay Pry Care	ANP, MPH, MS
Absent	Jim	Wilkins	Essex Alliance Church	Pastor of Care