

Community-Level Prevention Action Team

Burlington Police Department, 1 North Ave, Burlington – September 1, 2017, 8:30-10:00 am

Mission: Strengthen existing partnerships to increase and improve the impact of evidence informed community-level prevention strategies in Chittenden County.

Prevention Definition: Prior onset to disorder, prevent or reduce risk, multi-partner/cross-sector, universal prevention, tailor to local community, address root causes, local

Topics	Notes	Action Steps
Check-in	<ul style="list-style-type: none"> • Introductions • Bite/Snack/Meal – Has this been useful? 	<ul style="list-style-type: none"> • Bite, snack, meal have been useful and have been included in CCOA Weekly Updates. • People don't always have time for meal, but appreciate ability to choose length of lesson.
VDH Public Health Campaigns	<p>From Vermont Department of Health:</p> <ul style="list-style-type: none"> •What's new? •What is happening right now? •What is coming up? <p>Group Discussion:</p> <ul style="list-style-type: none"> •How could our group members help increase the influence and reach of these campaigns? •How can these campaigns best meet the needs of the populations you serve? What more do you need? 	<ul style="list-style-type: none"> • Health Dept. funds coalitions and creates campaign materials – uses coalitions to help promote/distribute information. • All health campaign materials can be ordered <i>free of charge</i> through PEAR VT site: <p>What's new? What is happening right now?</p> <ul style="list-style-type: none"> • Vermont's Most Dangerous Leftovers <ul style="list-style-type: none"> ○ Recommend Dr. Chen's/Governor Scott's Drug Takeback Day video. ○ Prescription Drug Disposal map for sites across Vermont • ParentUp campaign: parentupvt.org <ul style="list-style-type: none"> ○ Allows users to choose their own parenting style and provides resources and instructables. ○ Site profiles various teens – identifies risk factors that teens might be experiencing. ○ Provides proactive vs. reactive resources – create action plan to boost resilience and have conversations with teens ○ Custom action plans – for asset

		<p>building – look at categories of assets that different youth have and the skills/traits associated with them.</p> <ul style="list-style-type: none"> ▪ Set the Foundation: http://parentupvt.org/how-can-i-help-prevent-it/set-the-foundation/ ○ Does Regional Directors of Guidance group have a working knowledge of ParentUp resources? What other groups might not but would benefit? <ul style="list-style-type: none"> • 049: zero alcohol for 9 months campaign <ul style="list-style-type: none"> ○ Materials given from providers to pregnant women ○ Intentional conversations between pregnant women and their primary Dr ○ Data shows any alcohol during pregnancy is detrimental <p>What is coming up?</p> <ul style="list-style-type: none"> • Youth Campaign: targeted at teens in high risk of substance use • Youth Adult Campaign: targeted at VT 18-25 who occasionally use opioids not as prescribed • Adult: risks of prescription opioids and pain management alternatives • Prescriber Outreach: materials, tools, and resources for providers to support best prescribing practices • Overall promotion of substance abuse services in Vermont
<p>Prevention Team Check-In</p>	<ul style="list-style-type: none"> • What is the best way to use the expertise of this group? <ul style="list-style-type: none"> ○ Discuss previous work and direction ○ Determine next steps 	<p>Team Check-In</p> <ul style="list-style-type: none"> • Observing sub-group overlap in the work and questions being asked. • Seemed like there was a messaging call – wanted to present VDH messaging resources to Action Team. <ul style="list-style-type: none"> ○ Can Action Team act as feedback

		<p>mechanism for health campaign materials</p> <ul style="list-style-type: none"> ○ Interpret VDH campaign materials from each sector POV to strengthen/round-out materials. <p>Group ideas for next steps?</p> <ul style="list-style-type: none"> • Action Team could be a focus group for campaign messaging, if ADAP is willing. • Action Team could provide input & feedback throughout the process of campaign and material creation. • Using different sector POV to pivot messaging to be relevant for a particular sub-population <ul style="list-style-type: none"> ○ “here’s the issue” as a...here’s what you can do.... ○ What’re the messaging opportunities for your sector in your immediate community? • Discussion of suggestion from Co-chairs that this action team help provide feedback on a statewide or Chittenden County focused plan to expand/enhance prevention supports in the community – initial proposal would be created by the Chittenden Prevention Network and then CCOA PreventionPrevention Action Team would help provide sector based feedback and identify gaps <ul style="list-style-type: none"> ○ Group could then take on an advocacy role to help get policy makers, partners, key influencers to adopt prevention expansion ○ CCOA leadership would also be involved in advocacy for the plan. • Check-in with team members <ul style="list-style-type: none"> ○ Who has dropped-off over the summer? Can we invite back to fall meetings? Who is missing/what sector is missing from our Action Team
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<p>Healthy Community Audits</p>	<ul style="list-style-type: none"> • What is a Community Audit? How could Prevention Team utilize? <p>Action Steps:</p> <ul style="list-style-type: none"> • Complete Community Scan Audit form (attached) with photos • Send pictures to Mariah Sanderson or Tori Houston at: mariahbphc@gmail.com or thouston@ccrpcvt.org. 	<p>representation?</p> <p>Community Health Audit:</p> <ul style="list-style-type: none"> • Goal is to create a community that makes it easy to make a healthy decision vs. an unhealthy decision. • Activity that allows children to help educate their parents on negative and positive influences their children are seeing in their everyday community. • Look at Community Level influences (physically go out into your community) <ul style="list-style-type: none"> ○ Help teams identify mixed messages about substance use (drug drop-off boxes, tobacco advertising) ○ Identify corporate marketing efforts • What does our community look like right now? Take the audit. Reflect. Is that how we want our community? What doesn't line-up and what mechanisms can we use to address that?
<p>Wrap Up</p>	<p>Next meeting date- Octoer 6th, 8:30 – 10:00 AM, Burlington Police Department, 1 North Ave, Burlington</p>	

Attendance: Heather Danis (VDH Burlington District Office), Mariah Sanderson (Burlington Partnership for a Healthy Community), Sarah Kleinman (UVM 4-H/Prosper), Ron Caldwell (Essex Alliance Church), Ryan Mitofsky (VDH), Jenn Reges (Howard Center), Sean McMannon (Winooski School Districts) & Tori Houston (CCOA)