



Community-level Prevention Action Team Meeting
March 10, 2017, 8:30-10am
VT Department of Health
108 Cherry St, Burlington

NOTES

**Please report on any dissemination of the Parent Up materials for the month of February 2016.

Topic	Notes	Notes
Set intention of the meeting Review- What is prevention?	<p>Prevention works best when attention is given to multiple risk and protective factors. Such factors exist in many areas of an adolescent's life and common risk factors can predict many problems. Reducing one risk factor may result in reduction of multiple problems in the family, school, peer group, and/or community. Increasing protective factors supports healthy development in all life areas, which helps them to resist influences to use.</p> <p>Pervasive, consistent messages to <i>young</i> people about drugs and alcohol can prevent substance abuse. Effective prevention requires that the same messages about alcohol, drugs, and tobacco be delivered by multiple messengers--schools, parents, peers, and the community--repeatedly throughout childhood and adolescence.</p> <p>https://www.hazelden.org/web/public/substance_abuse_prevention.page</p>	
A Prevention Example	Prevention Intervention- Prosper Program	<ul style="list-style-type: none"> • Sarah shared with the group information on the Prosper Program. A link to their informational video is live in the meeting follow-up email. • Handouts were shared as well and are attached separately. • There are 3 locations who run the Prosper Program- Camel's Hump MS in Richmond, Lyndon and Otter Valley. • The barriers for adding more programs is school schedules, funding and commitment from the schools. • It costs approximately \$20-\$30K per year to run the program at each site.
Substance Abuse Prevention Resources	Reading materials to learn more about substance abuse prevention	Heather will share materials at the next meeting. The intent is to share and learn about model prevention programs and help our collective understanding about what "prevention" means in the context of this Team.



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Discussion	How to we capitalize on where we stand-our strengths, connections and interests. Ron’s work as an example.	We discussed the fact that we each represent a different sector (i.e. schools, faith-based, community organizations) and that we each need to take the information from each meeting and share it with our respective community to help broaden our impact and educate each other.
Family Prevention Programs Discussion	<ul style="list-style-type: none"> • What did we learn- review the map and data collected • Small group work- based on what we know- develop 3 ideas on actionable steps; what would it look like if we were successful? • Ideas include: town-by-town grass roots work; use maps to educate the community- take back to your community; share the knowledge identify areas of improvement and make recommendations from cross sectors to the State, Steering Committee 	<ul style="list-style-type: none"> • We will share a map of the family programs the next time we meet. We did review the list of all the parenting programs collected. • We broke into small groups to develop ideas for next steps as a team to work on. Cathy will create a survey for everyone to vote on the different action steps and next time we meet, we will see where the Team’s preference lie for our next action step. • Cathy will also share the next time we meet some CCOA communications materials so we understand the overall mission and work of the Alliance.
Start Acting	<ul style="list-style-type: none"> • Results of the last 2 month’s campaign- our collective efforts, approximately • Information Sharing Strategy #3 	<p>Please report on what you did to share Feb’s prevention message.</p> <p><u>Posters</u>: 14 <u>FPP post</u>: Winooski, Richmond, Burlington <u>Newsletter</u>: 1,900 + 400 + every home in Winooski (?) <u>Email</u>: 187 + 27 + 16+50+1500 + 20+ CCOA email list (100) <u>Social Media</u>: 2 twitters, 3 FB posts, Blog <u>Conversations</u>: 6 <u># of people participated</u>- 7</p>



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CCOA Update	<ul style="list-style-type: none"> Other CCOA Action Teams Community Engagement Event- May 15 and 16th 	You should have received a “Save the Date” email for The event. A formal invite will be shared soon. This event will kick-off our community engagement/conversation work over the next 6-8 months across the County. It is very important that everyone be there as it informs our work together across the Alliance.
Wrap-up/Next Steps/Meeting Dates	<ul style="list-style-type: none"> One action step going to accomplish Next meeting- April 7, 8:30-10am, location- UVM Extension Office, 140 Kennedy Dr, S Burlington 	Cathy will ask about getting the Addiction Treatment Program’s Power Point that was shared at King St Youth Center about the Biology of Addiction.

Attended	First Name	Last Name	Organization	Title
No	Raquel	Aronhime	United Way	Community Impact Manager
Yes	Richard	Bernstein	Richmond Rescue Squad	First Responder
No	Ron	Caldwell	Essex Alliance Church	Community Member
Yes	Heather (co-chair)	Danis	VDH-Burlington District Office	District Director
No	Brian	Fagan	Burlington Labs	Board member-Turning Point
No	Danielle	Jatlow	Winooski Middle and HS	SAP
No	Deb	Kalkstein-Lamb	Essex High School	SAP
Yes	Sarah	Kleinman	PROSPER	State Coordinator
Yes	Sean	McMannon	Winooski School District	Superintendent
Yes	Ryan	Mitofsky	VT Dept of Health	
No	Tony	Moulton	Milton Community Youth Coalition	Executive Director
Yes	Jenn	Reges	Howard Center	Director- School Services Program
No	Zach	Rhoads	S Burlington High School	
Yes	Mariah (co-chair)	Sanderson	CPN & Burlington Partnership for a Healthy Community	Coalition Director
No	Beth	Steckel	UVM Medical Center	Community Outreach Manager
No	Maida	Townsend		State Representative
No	Kristen	Vogel	Spectrum Youth and Family Services	MS, LADC, LCMHC
No	Mariead	O’Reilly	VT Legal Aid	