



**Community-level Prevention Action Team Meeting
 Oct 14, 2016, 8:30-10:130am
 Burlington Police Department
 1 North Ave, Burlington**

1. Introductions/Getting to Know You Cathy 20 minutes

We learned a lot about each other as we shared “what part of the elephant” we think we are and our perspective/questions about prevention work. Here are some key topics discussed and questions asked:

Legs/Tree- because they are moveable	Community leveraging/supports/systems
Legs/Tree- because they are foundational	Parent perspective
The Whole Elephant	Direct service perspective
Connecting Arms around the legs-difficult to do it on my own but when I connect my hands with others we can reach around the entire leg	Richmond Task Force perspective
Brick wall (elephant’s hide)	What’s already happening?
Alcohol/Marijuana use and how they play a role	What can we recommend on the policy/state level?
Resources available?	How do socio-economics play a role

2. Chittenden County Opioid Alliance Update Cathy 10 minutes

- Website address is: www.ecosproject.com/chittenden-county-opioid-alliance/
- Google Docs- will post all of our docs on this link and share with the group
- Stg Committee vision/goal-

Draft:

The Chittenden County Opioid Alliance will reduce the burden of opioids in our community by creating a coordinated system to (i) prevent addiction, (ii) treat those and their families suffering from substance use disorder, and (iii) support recovery. Our work will be inclusive of all community and partner voices and be guided by common community-centered goals, timely and accurate measurements, re-deployment of resources, and continuous follow-up and assessment.

- List of who is on steering committee- shared in separate document

**3. Review the “What do we still need to know” Cathy 5 minutes
 Page of Brainstorm notes from our last meeting**

What do we still need to know? Condensed themes we will use for future meetings:

- More about VT/local opiate use rates - specifically:
 - Adult use (compare across age groups)
 - Young adult use
 - Middle school and under use
- More info on other substance use rates that intersect with opiate use and trends
- More about what age people start using/abusing
- More on the Prescription Monitoring System and what data it is giving us.
- Look at what other states are doing.
- Other data and other data sources that are available to us to use for assessment
- Examples of specific strategies that have been proven to work (including policies/regulations)



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- Evidence-based prevention 101
- Examples of how prevention, intervention, treatment & recovery intersect
- More info about what is already happening in Chittenden County - is it targeting the right people/issues? Are there gaps?

4. What does “prevention” mean for our Action Team **Heather** **40 minutes**

1. Heather- Jon Story- visual- what prevention means from a community perspective- see image
2. Google- “The action of stopping something from happening”

Small Group Discussion Notes: Prevention Definition Themes

- Broad- based education and demographic (many audiences)
- Keep eye on the “whole elephant”
- Kids and teens- finding passion-their experience of the world
- Activities for kids
- Integrated wholistic prevention system- culture of prevention
- Policies/practices and social norms through lifespan
- Family centered

5. Wrap-up **Cathy** **15 minutes**

- What are you here to do?
- What is your role of this group?

6. Closing **Cathy** **10 minutes**

- Drug Take back Day-Oct 22nd- Mariah
- Monthly meetings for the 1st 6 months and then space out longer, if needed
- Meeting dates- 3 options: 8:30-10:30am, monthly
 - ❖ 1st Friday; 2nd Friday or 3rd Wednesday