



**Community-level Prevention Action Team Meeting**  
**Jan 6, 2017, 8:30-10am**  
**Burlington Police Department**      **NOTES**  
**1 North Ave, Burlington**

Topic	Meeting Discussion	Notes
Set intention of the meeting	Taking Action	Heather read an inspiring phrase that we translated to our prevention work to kick off the meeting, "Reading ten books about meditation isn't as useful as ten minutes spent meditating." -- The Overthinkers Guide to Taking Action
CCOA Update	<ul style="list-style-type: none"> <li>• Steering Committee</li> <li>• Mission/vision</li> <li>• Other Action Teams</li> <li>• Survey results</li> </ul>	<ul style="list-style-type: none"> <li>• Stg Committee met on 12/8 and approved a community engagement project that Cathy will lead alongside Action Team work.</li> <li>• Overall positive feedback from team members in trust and confidence. 39% return rate. Things to work on include communication.</li> <li>• Other Action Teams are working on developing quick-win strategies too. Learn more at the CCOA website at- <a href="http://www.ecosproject.com/chittenden-county-opioid-alliance/">http://www.ecosproject.com/chittenden-county-opioid-alliance/</a></li> </ul>
Start Acting	<p>Strategy #1- Providing Information- Quick-win:</p> <ul style="list-style-type: none"> <li>✓ Low effort</li> <li>✓ Low/No cost</li> <li>✓ High impact</li> <li>✓ Low risk/barriers</li> <li>✓ Implement quickly</li> <li>✓ Clear end goal</li> </ul> <ul style="list-style-type: none"> <li>• Maximize reach of effective media campaigns</li> <li>• Augment what is already happening</li> <li>• How can you help spread the word- survey?</li> <li>• How to track our reach</li> <li>• Report out at each meeting- accountability?</li> </ul>	<ul style="list-style-type: none"> <li>• Start as a Team, and CCOA on a whole, to augment the work of VDH in sharing information about prevention campaigns</li> <li>• Not as an important prevention strategy (compared to the other 6 we have as our framework), but still important and effective</li> <li>• Each month we will disseminate information via email and printed materials and ask that each member help, in their own way, to get the messaging out</li> <li>• January's theme is Parent Up</li> <li>• Each month report out on quantity disseminated</li> <li>• Cathy will work on developing a FB page and develop a CCOA hashtag to help in sharing the messages and tracking our work</li> </ul>
Map Discussion	<ul style="list-style-type: none"> <li>• Review answers to the questions from Dec meeting (Where does your skill set lie; What are you already doing; What are you already interested in) and the Map Table shared at Dec meeting</li> <li>• Discuss the 4 maps we want to prioritize &amp; further develop</li> </ul>	<p><b><u>Small Group Work</u></b>  *See collated summary from groups, listed after this table</p>
Wrap-up/Next Steps/Meeting Dates	<ul style="list-style-type: none"> <li>• Set the agenda for our Feb meeting</li> <li>• One action step going to accomplish</li> <li>• Next meeting- Feb 3, 8:30-10am, BPD</li> </ul>	Ran out of time.....



**Community-level Prevention Action Team Meeting**  
**Jan 6, 2017, 8:30-10am**  
**Burlington Police Department**  
**1 North Ave, Burlington**

**NOTES**

\*Summary of Small Group Work

**1. 1 problem/issue that is important to you that you hope this Alliance can work on and 1 thing you hope your work in this group will help you learn more about**

**Problems/Areas of Interest:**

- Dental implications because of MAT
- Funding for prevention work
- Increasing/understanding of what prevention is to that is clear what needs to be done
- Defining the broad scope of prevention not just programs but policy, social norms, etc.
- Developing relationships to help build assets in our communities
- Providing financial skills/literacy
- Learn more about how to engage the community that exists outside of the school walls
- Learn more about How do you influence and change behavior
- Learn and understand what works- how are some people successful in their recovery
- Make connections with existing resources and not duplicate
- Syringe exchange
- Community opportunities
- Safe prescribing practices for opioids
- Continue to build positive skills/choices

**Learn:**

- Criminal justice system
- What is prevention and how do we define it
- Education/understanding of behavior qualities of which drug use manifests- reasons leading to use
- What is the most effective way of changing behavior?
- Best practices and expand on them
- Where are we most effective with change- teachers, community members with the most influence and reach
- How to make "true" connections
- How do we learn from campaigns that work that have been done (i.e. decreasing tobacco use)?
- Link between marijuana legalization and substance use
- Opioid specific prevention vs general substance of other substances
- What are the variables that put people-at-risk?
- How to interface with others on Action Teams and Steering Committee
- How to impact effects of policy and action
- What is the most effective way of changing perspective on health initiatives?



**Community-level Prevention Action Team Meeting**  
**Jan 6, 2017, 8:30-10am**  
**Burlington Police Department**      **NOTES**  
**1 North Ave, Burlington**

**2. Discuss in your group (related to community mapping table)**

**What things do we need to assess that are not already on the list? Which of the things on the list should be the highest priority for our group to know more and do more about? Rank from 1-5 (1 = highest priority)**

- Create Maps based on Sectors- Schools- 2 (votes), Colleges, Community, Business, Parents/Family
- 1 vote Do schools have evidence based drug and alcohol education for kids
- 1 vote What are the assets in our communities- YRBS-how are people connected to their communities- what assets can we build on, where are the gaps, how to deepen community
- 1 vote Are businesses supporting a culture of non-use
- 2 votes Do schools have enough support for kids who are struggling with SA issues
- 2 votes Do schools offer youth leadership/prevention groups for kids
- 3 votes Do communities have spaces for people to connect and engage in dialogue about SA challenges
- 3 votes Do colleges offer supportive environment for students to make healthy decisions around drugs and alcohol
- 3 votes Do parents have support to help their kids make healthy decisions
- 3 votes Are healthcare providers using SBIRT or other drug use assessment tool



**Community-level Prevention Action Team Meeting**  
**Jan 6, 2017, 8:30-10am**  
**Burlington Police Department**  
**1 North Ave, Burlington**

**NOTES**

<b>Interests of Our Team</b>			
<i>Working with Law Enforcement</i>	Richard		
<i>Safe Needle Disposal</i>	Richard		
<i>Changing Language of Addiction</i>	Ryan		
<i>Youth perception of substance abuse</i>	Deb	Mariah	
<i>Increasing accessibility of services/support</i>	Deb	Brian	
<i>Improving policy</i>	Maida	Mariah	
<i>Whole community level change</i>	Tony	Ron	
<i>Increasing protective factors</i>	Sarah	Mariah	
<i>Increasing prevention interventions</i>	Heather	Mariah	
<i>Changing language of drug ed (less scare tactics)</i>	Zach		
<i>Supporting parents of young children</i>	Sean		
<i>Increase community ownership of prevention</i>	Mariah		
<i>Legal support</i>	Mairead		
<i>Healthcare</i>	Beth		

<b>Skills of Our Team</b>			
<i>Positive Youth Development</i>	Sarah	Mariah	
<i>Increasing Resilience</i>	Sarah		
<i>Access to kids (high risk)</i>	Mary Alice	Kristen	Deb
<i>Connected/Influencer</i>	Sean	Kristen	Tony
<i>Relationship Building</i>	Ron	Mariah	Tony
<i>Connection to faith-based groups</i>	Ron		
<i>Healthy decision making</i>	Kristen	Mariah	Deb
<i>Knows the research/What's working</i>	Mariah	Heather	
<i>Can give state perspective</i>	Heather		
<i>Connection to schools</i>	Deb	Jenn	
<i>Restorative education</i>	Deb		
<i>Outreach/training for parents</i>	Deb	Mariah	
<i>Marginalized populations</i>	Tony		
<i>Psychological/Physical impact</i>	Richard		
<i>Project management</i>	Beth		
<i>Supporting the implementation of a vision; Communications</i>	Raquel		
<i>Organizing, Documenting, Summarizing</i>	Zach	Raquel	



**Community-level Prevention Action Team Meeting**  
**Jan 6, 2017, 8:30-10am**  
**Burlington Police Department**  
**1 North Ave, Burlington**

**NOTES**

<b>Attended</b>	<b>First Name</b>	<b>Last Name</b>	<b>Organization</b>	<b>Title</b>
Yes	Raquel	Aronhime	United Way	Community Impact Manager
Yes	Richard	Bernstein	Richmond Rescue Squad	First Responder
Yes	Ron	Caldwell	Essex Alliance Church	Community Member
No	Mark	Carbone	Camel's Hump Middle School	Principal
Yes	Heather (co-chair)	Danis	VDH-Burlington District Office	District Director
No	Brian	Fagan	Burlington Labs	Board member-Turning Point
No	Wanda	Hines	JUMP	Executive Director
No	Danielle	Jatlow	Winooski Middle and HS	SAP
Yes	Deb	Kalkstein-Lamb	Essex High School	SAP
Yes	Sarah	Kleinman	PROSPER	State Coordinator
No	Frank	Koss	Hinesburg Police	Chief
No	Mary Alice	McKenzie	Boys & Girls Club of Burlington	Executive Director
Yes	Sean	McMannon	Winooski School District	Superintendent
Yes	Ryan	Mitofsky	VT Dept of Health	
Yes	Tony	Moulton	Milton Community Youth Coalition	Executive Director
No	Jenn	Reges	Howard Center	Director- School Services Program
Yes	Zach	Rhoads	S Burlington High School	
Yes	Mariah (co-chair)	Sanderson	CPN & Burlington Partnership for a Healthy Community	Coalition Director
Yes	Beth	Steckel	UVM Medical Center	Community Outreach Manager
No	Robert	Sylvia	Chittenden County Sherriff's Office	Detective Sergeant
No	Maida	Townsend		State Representative
No	Kristen	Vogel	Spectrum Youth and Family Services	MS, LADC, LCMHC
No	Trevor	Whipple	South Burlington Police Department	Chief
Yes	Mariead	O'Reilly	VT Legal Aid	