



Community-level Prevention Action Team Meeting
March 10, 2017, 8:30-10am
VT Department of Health
108 Cherry St, Burlington

Agenda

**Please report on any dissemination of the Parent Up materials for the month of February 2016.

Topic	Notes	Minutes	Notes
Set intention of the meeting Review- What is prevention?	<p>Prevention works best when attention is given to multiple risk and protective factors. Such factors exist in many areas of an adolescent's life and common risk factors can predict many problems. Reducing one risk factor may result in reduction of multiple problems in the family, school, peer group, and/or community. Increasing protective factors supports healthy development in all life areas, which helps them to resist influences to use.</p> <p>Pervasive, consistent messages to <i>young</i> people about drugs and alcohol can prevent substance abuse. Effective prevention requires that the same messages about alcohol, drugs, and tobacco be delivered by multiple messengers--schools, parents, peers, and the community--repeatedly throughout childhood and adolescence.</p> <p>https://www.hazelden.org/web/public/substance_abuse_prevention.page</p>	5 mins Cathy	
A Prevention Example	Prevention Intervention- Prosper Program	10 mins Sarah	
Substance Abuse Prevention Resources	Reading materials to learn more about substance abuse prevention	5 mins Heather	
Discussion	How to we capitalize on where we stand-our strengths, connections and interests. Ron's work as an example.	10 mins Mariah	
Family Prevention Programs Discussion	<ul style="list-style-type: none"> • What did we learn- review the map and data collected • Small group work- based on what we know- develop 3 ideas on actionable steps; what would it look like if we were successful? • Ideas include: town-by-town grass roots work; use maps to educate the community- take back to your community; share the knowledge identify areas of improvement and make recommendations from cross sectors to the State, Steering Committee 	30 mins Heather	



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Start Acting	<ul style="list-style-type: none"> Results of the last 2 month's campaign- our collective efforts, approximately Information Sharing Strategy #3 	5 mins Cathy	
CCOA Update	<ul style="list-style-type: none"> Other CCOA Action Teams Community Engagement Event- May 15 and 16th 	5 mins Cathy	
Wrap-up/Next Steps/Meeting Dates	<ul style="list-style-type: none"> One action step going to accomplish Next meeting- April 7, 8:30-10am, location tbd 	10 mins Mariah	

Report Out-Sharing-Notes from Feb 2017 Meeting

Gaps	Assets
Zero parent prevention in rural areas	UVM Prosper Program- opportunities to spread this model
Largest school systems (Essex, Chitt South) don't have programming	A lot of parent community assets already exist- how can we leverage or augment these?
Some very large communities have very little programming	What assets are on the cusp of becoming an evidence based approach (i.e. Milton)
Only 2 youth treatment and recovery centers	May not be notated in the town but a school can offer to many other towns (i.e. Richmond-Camel's Hump MS)
No evidence based prevention programs in areas of greatest density and highest level of programs	4H Programs
Burlington/Winooski have most programs and are unable to accept more at times	Resiliency programs do exist
Lack of public transportation	What programs exist that can be natural connectors to parents
Evidence based lacking in high population areas	Where does our own sphere of influence exist?
Access- school based, transportation; we don't know	How do we prioritize our own work?
Need school support to advance programming	Where is there existing energy and ideas on how to connect?