Chittenden County Opioid Alliance Community-level Prevention Action Team Meeting Notes September 13th, 2016

How should we make decisions about priorities/work?

o Identify strengths and weaknesses to help inform decisions

How to make decisions?

- Levels of consensus
- o Simple majority
- o Super majority
- o Run-off ballot
- o Decision making arc/continuum
- o Show of hands
- o Robert's rules of order
- o Committee structure
- o Brainstorming
- Multi-voting (sticky dots)
- o "I can live with it" wisdom of the group

How to prioritize the work?

- Ease of execution
- o Accountability
- Low cost
- o Measurement
- o Easy win (low hanging fruit)
- o Is it our role VS is someone else already doing it?
- Bang for buck
- o Impact / coverage on other issues
- o Value added
- o What's unique about this group?
- Data
- o How does it look in the community?
- Best practice
- o Short-term VS long-term
- o Do we have the expertise/resources to execute?
- Mutual impact/collective impact
- Shared services
- o End goal
- o Efficiency
- o Effectiveness
- o Biggest area of "pain"
- Sustainability
- o Community level of concern
- Capacity

- What strategic opportunities does this group have as it relates to moving prevention strategies forward within the larger context of CCOA?
 - Opportunity to make recommendations on legislation
 - How to hold professionals accountable to taking the right actions despite the politics
 - o On the ground representatives who can provide real-life data and perspective
 - "Reality checks"
 - Anecdotal + qualitative
 - o Opportunity to evaluate evidence base and make recommendations on where to focus efforts
 - o Recommend reality-based interventions
 - Break the mystery around what prevention is
 - Use as a platform to move prevention agenda forward
 - o Opportunity to link prevention and recovery efforts
 - Opportunity to challenge our thinking around prevention and recidivism strategies for adults
 - Laser focus on opioid specific prevention strategies that build on broader (not substance specific) preventions strategies
 - Better understanding in the action group and in the community about what prevention is and entails
 - o Highlight the intersection of prevention, intervention, treatment, and recovery
 - Highlight interaction between parent and youth strategies, for example
 - Sometimes intervention = prevention
 - o Highlight the need for long-term investment
 - o Highlight connections to alcohol and marijuana use, and substance use in general
 - o Consider how to serve underserved groups (LEB, LGBTQ, etc.)
 - o Identify barriers to good prevention work and tackle them
 - o Capitalize on our connections and relationships with each other
 - o So many resources exist, opportunity to get it all moving in the same direction
 - Opportunity to take a regional approach
 - o Cross-sector approach
 - Opportunity to help all groups be represented and to access them (i.e. schools, parents, LGBTQ, etc.)

- What do you still need to know about community prevention, or understand how this connects to your work or community needs, in order to feel like you can actively participate?
 - More about what is already happening, and is it targeting the right people / issues?
 - Look at adult use rates and compare age groups
 - Parents specifically
 - Middle school and younger
 - o How prevention, intervention, and treatment intersect
 - How can youth be involved in this? How can we get their perspective?
 - Community perspective
 - Adult perspective
 - Parents
 - Connect with youth groups and get their perspective
 - More time on what works (all groups!)
 - Examples on what has been successful
 - Evidence-based prevention 101
 - Evidence-based
 - How do we define "effective"?
 - What policies and practices work?
 - o What other data is collected, and what data sources do we have?
 - o More about how all the substance use data intersects (trends)
 - o More about the PMS and what data is it giving us
 - o Look at other high risk states, what are they doing?
 - o Role definitions, i.e. how does this connect?
 - More as we talk about specific strategies
 - o Info on the age at which people start abusing
 - Is using starting younger?