

## **Treatment Access and Recovery Support Action Team**

Turning Point Center, 191 Bank St #2, Burlington – July 21, 2017, 8:30-10:30 am

Goal #1: Identify barriers and strategies to create seamless, efficient and *immediate* access to appropriate treatment and recovery supports.

Goal #2: Develop specific recommendations for policy reform and systems change.

Topics	Notes	Discussion/Action Steps
Opening	Sharing – Amanda Hudak, UVMMC Addiction Tx Program     Time Keeper – Andrew Gonyea     Note Taker – Tori Houston	Amanda Hudak, LADC - UVMMC Addiction Treatment Program (ATP)  • ATP was created to help reduce the HUB waiting list and serve as a support for primary care capacity.  • Day 1 is IOP for any substance use disorder, addiction treatment program is solely for opioid use disorder.  • Family Medicine Resident will be at a program for a year along with Adult and Child/Adolescent Psychiatry Doctor.  • Length of stay varies 14 weeks – 6 mos.  • Provider capacity and primary career settings changed – Docs that don't have caps anymore because they're finally receiving the knowledge base because they understand that this can be treated like any other disease.  • In less than 2 years' time, the difference in education among providers and reception of cases is massive and should be celebrated.  • UVM MC take patients back in one day, if doc can't provide UVM will take in same day or day after. No lag time.



		<ul> <li>RFP to start the collaboratives that Dartmouth used to do, so UVMMC will take that over:         <ul> <li>Learning collaborative for MAT providers to expand primary care capacity to grow the knowledge base and capacity</li> <li>Holding needs assessments with private providers across the state</li> <li>Will tailor the earning collaboratives to meet the needs identified in those assessments</li> <li>10 -virtual learnings that include modules for comprehensive positions (docs, clinicians, front of house)</li> <li>Have to have UVMMC primary care doc</li> </ul> </li> </ul>
Data Discussion	Waitlist Survey Results Data Liaison Request Data Analysis  Action Steps:  1. If interested in becoming the Data Liaison, please contact Bill/Catherine before the August meeting.	<ul> <li>Waitlist Survey Results</li> <li>Formalized modality of IOP for folks who are waiting and actively using – clear call for harm reduction groups and identifying harm reduction friendly counselors.</li> <li>Desire for counseling and community groups – need an environment disassociated with former day-to-day routine.</li> <li>Results will be shared in next weekly update</li> <li>Data Liaison Request</li> <li>The Data Liaison will be the member of the Action Team who is working with Sam, Data Manager of the Alliance, to determine and keep momentum on</li> </ul>



		<ul> <li>creating metrics for the Alliance scorecard.</li> <li>Two 30-minute meetings a month</li> <li>Ideal candidate doesn't need data experience – just needs to be well-versed in Treatment &amp; Recovery and active group member.</li> </ul>
		<ul> <li>Triage Team Update &amp; *NEW* Form</li> <li>Team consists of: Howard Center, Addiction Treatment Program (UVMMC), Community Health Centers of Burlington, and Navigator.</li> <li>Referrals are sent to team and reviewed on a case-by-case basis.</li> <li>Multiple party releases have been signed and allow for better flow of communication and resources.</li> <li>Created a new online form for data collection team. Spoke providers are ready and willing to add additional questions to the form to track new metrics.</li> </ul>
Report Out	<ul> <li>NH Safe Station Update</li> <li>Previous questions about how this model could be implemented in our community:         <ul> <li>Potential wait barriers for treatment?</li> <li>How are the safe spaces structured? Are they always available?</li> <li>Safe Houses/Drivers in VT?</li> <li>Agreed MOU among partners</li> <li>How is it funded?</li> </ul> </li> <li>Next steps and questions for model viability</li> <li>Action Steps:         <ul> <li>Amy – Having conversations with Higher Ed community regarding potential housing possibilities.</li> </ul> </li> </ul>	Amanda & Andrew – spoke with Scott from NH Safe Station. Have had tremendous success with no wait-time for treatment.      HOW IT WORKS: Person of interest presents to station, within 20 minutes an on-call driver will provide transportation to treatment or temporary sober housing. If hosted, staff member will stay with person of interest and provide transportation to treatment facilities the following day.      610 people have presented



- **Andrew** Check-in with Jean Richards about housing options on airport property. Potential for temporary housing use, if needed?
- Catherine & Bill -
  - Talk to ULI about Act 1 housing and what it might take for a flexible temporary bed.
  - Connect with Jolinda about Opioid Coordination Council and potential duplicative efforts.
  - o Invite COTS/Spectrum to join Action Team
  - Talk with Jackie Corbally re: CommStat's work on model
- **Jim** Speak with fellow faith community leaders regarding housing options.

- themselves (76/month, 2.5/day)
- Safe Stations will accept any person, regardless of New Hampshire residency status.
- Drivers are volunteers.
- On-call clinicians are paid through one of the organizations under the Safe Stations umbrella – response to model incorporated into workflow.
- Mayor made a choice to invest funding to off-set costs that won't be recouped. Mayor also issued MOU to all organizations and insisted in participation. Was given willingly.
- What does this model look like in Chittenden County/Burlington-area?
  - Potential to repurpose PIT (public inebriate program). Making more regional to become multi-purpose. Would allow someone to always be on-call.
  - Potential for Act I role in model?
  - Housing and Transportation assistance are *critical* for first-time appointments.
  - o VT 211 involvement?
  - Higher Education housing opportunities during breaks or campus sober-housing?
  - Spectrum/COTS should be invited to join conversation re: Safe Station model.
  - o Faith Community's Role:
    - North Ave/Essex Alliance

## **NOTES**

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		partnerships in the past have advocated for safe housing during winter. Jim would be willing to bring these conversations back to community.  Childcare offered during IOP hours (like Brattleboro model) to help remove childcare barriers in accessing treatment  Create an available residential safe space for individuals who have relapsed.
Wrap Up	<ul> <li>Next meeting date- August 18th, 8:30 – 10:30 AM</li> <li>Agenda items for next meeting:         <ul> <li>What we envision on-call version of the model to look like? Who are the partners we want to share this with us and what would be expected?</li> <li>ED Turning Point Support update – invite Gary for update in next meeting?</li> </ul> </li> </ul>	

**Attendance:** Andrew Gonyea, Amanda Hudak, Bill Keithcart, Bruce Brown, Jessica Kirby, Brandon Olson, Catherine Simonson, Catherine Hinojosa, Cathy Aikman, Beth Holden, Tori Houston, Deborah Wachtel, Grace Keller, Alice Larned