

**Chittenden County Homeless Alliance Quarterly Meeting –
this Monday, February 13 from 6 – 8 pm at Contois
 Auditorium...your input is needed.**
Light dinner and refreshments will be served.

CCOA In the News

[Channel 5- Thursday, January 26](#)
[VT Watchdog](#)

The Hungry Heart

**Film Screening and Discussion with the Cast
 Wednesday, February 15th, 6:30 – 8:30pm
 The Film House-Main Street Landing, 60 Lake
 Street**

The Hungry Heart an award-winning documentary film on prescription drug and opiate addiction and recovery in Vermont by local filmmaker, Bess O'Brien. Through the movie we see the many faces and diverse populations of addiction, and the ir continued search for a life of recovery. After the screening there will be time for dialogue and a Q & A with Bess O'Brien, a cast member, and a local treatment provider who can connect families to resources in the community. For more information [click here](#).

Videos

[Strategies for the Opioid Epidemic](#)
[Project Studio– VT's Opiate Crisis](#)
[Mr. White– A New Way to Connect With Kids](#)

Worth a Read

- * [Maple Leaf Closes](#)
- * [Addiction Treatment Grew Under Health Law– Now What?](#)
- * [When the Lion Kills Your Child](#)
- * [Repealing the ACA Could Worsen the Opioid Epidemic](#)

Winter Warming Shelter Needs Donations

Winter Warming Shelter Coordinator: Margaret Merriam, (802) 578 9017; **Winter Warming Shelter staff/office phone:**(802) 540-8503

Office hours: 5:30pm to 7:30am; **Shelter service hours:**6pm to 7am

Needed: sound machines/fans, dishes, food donations (snacks, meals, groceries, coffee/creamer/sugar), warm weather clothing

Learn more about the Action Teams

Visit our website to learn more about the Action Teams. All their meeting agenda and minutes can be found here:

www.ecosproject.com/chittenden-county-opioid-alliance/alliance/agendasminutes/

Training Available

Sign up Now! Click [HERE](#) to register! Click [HERE](#) for hotel information and reservations!

MARCH 27-28 2017

SHERATON HOTEL & CONFERENCE CENTER, BURLINGTON, VT



**STEPPING FORWARD
TOGETHER:
ADVANCING EQUITY
AND CULTURAL
COMPETENCY TO**

IMPROVE POPULATION HEALTH

Join the Conversation! Vermont is not immune from the effects of racism and cultural blindness. Vermont Care Partners (VCP), representing 16 of the State's Designated and Specialized Service Agencies is working closely together with the Vermont Leadership Education in Neurodevelopmental Disabilities Program (LEND) at the University of Vermont College of Medicine to develop this very important two day experience exploring diversity and health care.



Dr. Camara Phyllis Jones, M.D., M.P.H., Ph.D. is a family physician and epidemiologist who broadens the national health care debate by focusing on the impact of the social determinants of health (including poverty) and the social determinants of equity (including racism.) Dr. Jones is the Immediate Past President, American Public Health Association, is research director on social determinants of health and equity in the Division of Adult and Community Health, National Center for Chronic Disease Prevention.



Tawara Goode, M. A., is the Director and Principal Investigator for the National Center for Cultural Competence (NCCC) at Georgetown University Medical Center. The mission of the NCCC is to increase the capacity of health care and mental health care programs to design, implement and evaluate culturally and linguistically competent

service delivery systems to address growing diversity, persistent disparities, and to promote health and mental health equity.

Conference Attendees: Join professionals and community members who provide support to our increasingly diverse Vermont community including human services providers, economic service providers, medical providers, first responders, educators, state officials, law enforcement, interpreters, and more.



We are sorry, but we will be unable to offer on-site registration. Continuing Education: CEU's, CLE's and CME's are pending. If you are interested in sponsoring this event, contact Cath Burns: Cath@vermontcarepartners.org

Agenda

Monday, March 27

- 8:30: Check-in & Breakfast
- 9:30: Welcome and Keynote: Dr. Camara Phyllis Jones, M.D., M.P.H., Ph.D.
- 10:30: Panel: What is the Research Telling Us? Critical Findings: Health Care Disparities and Social Determinants of Health
- 12:00: Lunch
- 1:30 - 4:00: Afternoon Sessions Exploring Issues of Diversity and Health Care
 - 1) Mental Health, Substance Use Disorders, Stigma and Discrimination
 - 2) Cultural Competence & Health Care Disparities
 - 3) Health Care Needs in the LGBTQ Community
 - 4) Autism
 - 5) Team Two: Law Enforcement and Crisis Workers
 - 6) Youth Mental Health First Aid Part 1 (MHAFA enrollment limited, pre-registration required)

4:30-6:00pm

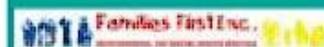
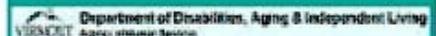
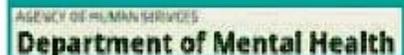
**EVENING RECEPTION
Expanding Community Cultural
Connections**

Tuesday, March 28

- 8:30: Check-in & Breakfast
- 9:30: Welcome and Keynote: Professor Tawara Goode, M.A.
- 10:30: Panel: Local Experiences with Health Care Cultural Brokers and Community Outreach Workers
- 12:00: Lunch
- 1:30 - 4:00: Afternoon Sessions Exploring Issues of Diversity and Health Care
 - 1) Unconscious Bias
 - 2) Poverty and Class
 - 3) Trauma Treatment with Diverse Cultures
 - 4) Working with Interpreters
 - 5) Youth Mental Health First Aid Part 2



**THANK YOU TO
OUR SPONSORS!**



Taking Action– February’s Prevention Monthly Campaigns



The CCOA Prevention Action Team asks that you help spread the word about a Vermont resource for parents called [ParentUP Vermont!](#)

Help us spread the word about a resource for Vermont parents to help them talk with their teens about drug and alcohol use. Just cut and paste the text (below) that works best for your needs!

You can also order print materials, such as brochures, rack cards, stickers and posters about ParentUPvt.org. Materials can be ordered through Vermont's Drug & Alcohol Information Clearinghouse (a free resource!) [here](#).

LONG POST (for blogs, websites, newsletters):

Finding natural ways to talk with kids about drugs and alcohol can be challenging. Especially with teens who may seem like they're not listening—or don't care what you have to say. But the truth is, children care deeply about their parents' opinions, even if they don't show it directly. **In fact, the #1 reason kids give for not drinking is that they don't want to disappoint their parents.**

In Vermont, 30% of high school students reported drinking alcohol in the past 30 days (2015 Vermont Youth Risk Behavior Survey). So the good news to tell kids is that most kids their age are NOT drinking!

There is no single reason why teenagers *do* choose to use drugs or alcohol. However, the Partnership for Drug-Free Kids offers a list of the most common issues and influences behind the behavior of teenage drug and alcohol use [here](#).

ParentUP, a Vermont resource from the Vermont Department of Health, gives kids tips and tools to help parents and guardians talk to their kids about drug and alcohol use.

Parents can help prevent alcohol and other drug use with the following strategies:

- Help your child develop key skills, experiences, relationships, and behaviors that support healthy decision making
- Talk about alcohol, drugs, and mental health issues
- Monitor where your teen is and get to know the other kids they spend time with
- Make connections with the parents of your child's friends to help you feel comfortable asking them about the rules of their home (Do they lock up/monitor the alcohol and prescription medications in their home? Do they allow teens to drink in their home?)
- Learn the early warning signs of substance use/abuse

Learn more about these strategies, watch helpful videos, and read how to take action by visiting the [Parent Up](#) website.

MEDIUM POST (for Front Porch Forum, Newsletter highlights, Facebook):

Drugs and alcohol are not easy topics to bring up, especially with children or teens who may seem like they're not listening. The truth is that children care deeply about their parents' opinions—even if they don't show it directly. **In fact, the #1 reason kids give for not drinking is that they don't want to disappoint their parents.**

Tips for talking with your kids that may help at different ages can be found at ParentUP Vermont [here](#).

SHORT POST (for Twitter, Instagram, etc.)

You are your kids' #1 influence. Talk to your kids about the dangers of alcohol and other drugs. <http://parentupvt.org/>.

